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Dear Parents and Carers

NHS dental care is free for children up to the age of 18 years, or up to the age of 19 years if they are in full time education. It is also free if you are pregnant or if you have had a baby within the 12 months before treatment starts.

Children should ideally be going to see their dentist from the moment their first teeth appear but it's never too late to take your child to the dentist.

Article 24 of the UN Convention on the Rights of the Child states that children have the right to good quality health care, clean water and good food.

Regular check-ups every six months, or as recommended by your dentist, will help avoid oral health problems like tooth decay and gum disease.

How do I find an NHS dentist in my area?

This link can be used to search for a dentist near you: [Find a dentist - NHS](#) The site also provides information on which dental practices currently accept new patients, whether they offer urgent appointments and how others have rated the service.

You can also visit a dentist outside your local area if it's more convenient. If you require any further help or advice on oral health/ finding a dentist, please speak to us in school. Thank you